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Preeclampsia

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What is preeclampsia?

Preeclampsia is a serious disease related to high blood pressure. It can happen to any pregnant woman during the second half of her pregnancy, or up to 6 weeks after delivery.

Risks to you

- Seizures
- Stroke
- Organ damage
- Death

Risks to your baby

- Premature birth
- Death

Signs of Preeclampsia



Headache



Seeing spots



Gaining more than 2.3 kg
(5 lb) in a week



Stomach pain



Feeling nauseous;
vomiting



Swelling in your
hands and face

What should you do?

Call your doctor or midwife right away. Finding preeclampsia early is important for you and your baby.